

Full Report (All Nutrients) 45108057, ZATARAIN'S, PASTALAYA, UPC: 071429010987

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Zatarain's Inc.

Nutrient	Unit	Data points	Std. Error	10.5 oz 297g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	350	118
Protein	g	--	--	16.01	5.39
Total lipid (fat)	g	--	--	9.00	3.03
Carbohydrate, by difference	g	--	--	52.00	17.51
Fiber, total dietary	g	--	--	3.9	1.3
Sugars, total	g	--	--	4.01	1.35
Minerals					
Calcium, Ca	mg	--	--	39	13
Iron, Fe	mg	--	--	3.59	1.21
Sodium, Na	mg	--	--	1060	357
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	5.9	2.0
Vitamin A, IU	IU	--	--	1500	505
Lipids					
Fatty acids, total saturated	g	--	--	1.990	0.670
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	21	7

Amino Acids

Other

Ingredients

COOKED ENRICHED MACARONI PRODUCT (WATER, DURUM SEMOLINA WHEAT [ENRICHED WITH NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, ONIONS, ROTISSERIE SEASONED CHICKEN TENDERS (CHICKEN TENDERS, WATER, ROTISSERIE SEASONING [SALT, SUGAR SPICES {INCLUDING RED PEPPER AND PAPRIKA}, SOY PROTEIN ISOLATE, MODIFIED POTATO STARCH, SODIUM PHOSPHATE, CORN STARCH, CARRAGEENAN, EXTRACTIVES OF OREGANO, SOY LECITHIN, EXTRACTIVES OF PAPRIKA, GARLIC, NATURAL FLAVOR]), SMOKED SAUSAGE (PORK, WATER, CORN SYRUP SOLIDS, SALT, MODIFIED CORN STARCH, SPICES, SODIUM PHOSPHATE, MALTODEXTRIN [FROM CORN], PAPRIKA, NATURAL FLAVOR

[INCLUDING SMOKE], GARLIC, SODIUM ERYTHORBATE, SODIUM NITRITE), GREEN BELL PEPPERS, MARGARINE (LIQUID AND HYDROGENATED SOYBEAN OIL, WATER, SALT, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, BHA & BHT ADDED TO PROTECT FLAVOR, VITAMIN A PALMITATE AND VITAMIN D3 ADDED), MODIFIED CORN STARCH, PAPRIKA, ROASTED PORK-TYPE FLAVOR BASE (SALT, PORK BROTH, DEXTROSE, PORK-TYPE FLAVOR [SOY SAUCE {100% FROM SOYBEAN}, YEAST EXTRACT, PARTIALLY HYDROGENATED SOYBEAN OIL, ARTIFICIAL FLAVORS], BEEF FAT, ONION POWDER, SUGAR, CORN STARCH, CAMEL COLOR, NATURAL FLAVOR), YEAST EXTRACT, GRANULATED GARLIC, GREEN ONIONS, MALTODEXTRIN (FROM CORN), SPICES, SEA SALT, WHEAT GLUTEN, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), POTASSIUM CHLORIDE, DISODIUM INOSINATE AND DISODIUM GUANYLATE (FLAVOR ENHANCERS), DEXTROSE, XANTHAN GUM, CAMEL COLOR. *Date Last Updated by Company: 05/17/2016*